





RSSDIUPCON 2026

15th Annual Conference of Research Society for the Study of Diabetes in India UP Chapter

14th & 15th March 2026

♀ Hotel Royal Heritage, Ayodhya



Welcome Message

Dear Colleagues,

On behalf of the Organizing Committee of RSSDI UPCON 2026, it is our great pleasure to welcome you to the 15th Annual Conference of Research Society for the Study of Diabetes in India Up Chapter Conference 2026, scheduled on 14th & 15th March 2026 at Hotel Royal Heritage, Ayodhya, Utter Pradesh.

The conference promises to be an enriching platform for sharing knowledge, exchanging ideas, and fostering collaborations in the field of diabetes research and management. With an exciting lineup of renowned speakers, interactive workshops, and cutting-edge research presentations, this event aims to address the latest advancements and challenges in diabetes care.

Beyond its mythological significance, Ayodhya is also a site of historical importance. It was a thriving centre of trade, culture, and spirituality during ancient times. Over the centuries, Ayodhya witnessed the rise and fall of several dynasties, including the Mauryas, Guptas, and Mughals.

Ayodhya is a city situated on the banks of holy river Saryu and the birthplace of Bhagwan Shri Ram and setting of the great epic Ramayana. The main attraction of Ayodhya is newly build Bhagwan The Ram Mandir and other are Hanuman Garhi, Kanak Bhawan, Dashashwamedh Ghat and Ram Ki Paidi. Come and join conference in a large scale to explore the vibrant city, Ayodhya.

Your participation is invaluable in making this conference a success. We eagerly await your presence at RSSDI UPCON 2026 and hope to make this event a memorable and impactful experience for all.

Warm regards,



Dr. K S MishraOrganising Chairman



Dr. Sunil BansalChairman Sci-Committee



Dr. Shivendra SinhaOrganising Secretary



Dr. Virendra VermaOrganising Secretary

State Executive Committee



Dr Anuj Maheshwari National President



Dr. Narsingh VermaChairman



Dr. Sunil Bansal Chairman Elect



Dr. Ajoy Tiwari Secretary Chapter



Dr. Prabhat Kumar AggarwalVice-Chairman



Dr. Abhishek ArunJoint Secretary



Dr. Hemali JhaJoint Secretary



Dr. Prahlad ChawlaTreasurer Chapter



Dr. Amitesh AggarwalGoverning Council Member



Dr. Anubha SrivastavaGoverning Council Member



Dr. Nishant KanodiaGoverning Council Member



Dr. Manoj Kumar SrivastavaGoverning Council Member



Dr. Subhodh JainGoverning Council Member

Co-opted Members -



Dr. Saurabh Srivastava



Dr. Ashish Gautam



Dr. PK Gupta

Organising Committee



Dr. A K Rai

Patrons



Dr. R S Pande



Dr. F B Singh

Chief Advisor



Dr. Veerendra Singh



Dr. V K Gupta

Co-Advisor



Dr. R K Banodha



Dr. Dimple Sinha

Organising Chairman Chair-Scientific Committee



Dr. K S Mishra

Dr. Sunil Bansal

Organising Co Chairman



Dr. S K Pathak



Dr. Nanak Saran

Organising Secretaries



Dr. Shivendra Sinha



Dr. Virendra Verma

Joint Secretary



Dr. Saurabh Jaiswal

Treasurer



Dr. P D Tripathi

Chair-Scientific Committee



Dr. Sunil Bansal

Scientific Secretary



Dr. Priyanka

Members-Scientific Committee –



Dr. Arvind Kumar



Dr. Vimlesh Kr. Verma



Dr. Piyush Gupta

District Coordinators



Dr Pankaj Singh Basti



Dr N.K Verma Lakhimpur Kheri



Dr Neeraj Kumar Amethi



Dr N.N Panday Shravasti



Dr M.K PandayGonda



Dr Saurabh Panday Gorakhpur



Dr Susheel KarwarJaunpur



Dr Vivek Kumar Sachan Kanpur



Dr Mukesh Rana Ambedkar Nagar



Dr Vijay Kumar Gupta Deoria



Dr. Ajay Kumar VermaBahraich



Dr Sanjay Kumar Singh Mau



Dr Brijesh Singh Rai Bareilly



Dr Vidya Sager Etawa



Dr Kanahaiya Padrouna



Dr Shivam Verma Barabanki



Dr Nitin Ranjan GuptaLucknow



Dr V. K. ChaudharyFatehpur



Dr A I Hanfi Lucknow



Dr Amit Patel Azamgarh



Ganzipur

Dr R A Verma



Sultanpur

Call for Abstract

RSSDI UPCON 2026 invites free paper / scientific research / abstracts to be presented in the conference. The scientific committee shall review each abstract and the presenters shall be notified of the outcomes and successful authors shall be invited to present poster / papers depending upon originality and appeal of the scientific work.

The abstracts submission starts from: 1st July 2025

The deadline for abstracts submission is: 31st December 2025

IMPORTANT INSTRUCTIONS & GUIDELINES

Submission Rules

- Abstracts must contain original scientific data collected by the author(s).
- Language: All abstracts are to be written in English. The Scientific Committee reserves the right to edit abstracts where the English structure makes comprehension difficult.
- ▶ Submission: All abstracts must be submitted via the Online Abstract Portal.
- ▶ Abstracts should be limited to a maximum of 250 words and should include the following:
 - Title of abstract
 - Names and contact details of author(s) organisation, city/country, email, phone numbers and mailing address}.
 - The abstract must include the following headings clearly: Introduction, Aim, Methods, Results, and Conclusions.
 - You will be notified of receipt of your abstract by email. If you do not receive an email
 within two weeks of submission or if you have any additional queries, please contact:
 rssdiupcon26@gmail.com

Submission Categories

- Paper Presentation
- Poster Presentation

Terms and Conditions

- The scientific committee reserves the right to make the final decision about abstract acceptance and its scheduling into the program based on topics and time constraints.
- All abstracts must be prepared using the abstract submission guidelines.
- Each abstract submission must indicate if the material was published or presented in any prior conferences or if it received any awards.
- All presenters must register to attend the conference within a maximum of 2 weeks of acceptance of the abstract and be present at the time of the conference.
- A certificate of appreciation will be given to presenting Author (Only) to honor their presentation.
- Presenters must not use the session as a marketing opportunity for products\equipment.
- Only single submission is allowed.

Important dates :

Submission Start date:1st July 2025Submission End date:31st December 2025Review Start date:1st January 2026

Pre Conference Workshops

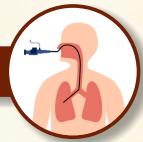
Spirometry





Insulin

Bronchoscopy





CPR

and more







15th Annual Conference of

Research Society for the Study of Diabetes in India (UP Chapter)

14th & 15th March 2026 | Hotel Royal Heritage, Ayodhya

REGISTRATION FORM

Please Fill in BLOCK LETTERS (*It is important that you provide an email & mobile number so that future communications can be sent to you via SMS/ e-mail)						
Title: Prof. Dr. Mr. Ms. Mrs. Gender: Male Female						
First Name*:		Last Na	me:			
Institute / Hospital:			Designation:			
Postal Address:						
	City:		State:			
RSSDI Membership No.	*		Phone (Off):			
Phone (Res):		Mobile	k.			
E-mail*: REGISTRATION FEE (Tick the amount which is applica	>>>					
Registration Categories	Early Bird 30th Nov 2025	Regular Fee till 31st Dec 2025	Late Riser till 31st Jan 2026	On SPOT Registration		
Members	₹ 5900 (5000 + 18% GST)	₹ 8260 (7000 + 18% GST)	₹ 10620 (9000 + 18% GST)	₹ 12980 (11000 + 18% GST)		
Non Members	₹ 7080	₹0440				
	(6000 + 18% GST)	₹ 9440 (8000 + 18% GST)	₹ 11800 (10000 + 18% GST)	₹ 14160 (12000 + 18% GST)		
PG Student						
PG Student *Accompanying Person*	(6000 + 18% GST) ₹ 4720	(8000 + 18% GST) ₹ 5310	(10000 + 18% GST) ₹ 5900	(12000 + 18% GST) ₹ 6490		
	(6000 + 18% GST) ₹ 4720 (4000 + 18% GST) ₹ 5310 (4500 + 18% GST)	(8000 + 18% GST) ₹ 5310 (4500 + 18% GST) ₹ 6490	(10000 + 18% GST) ₹ 5900 (5000 + 18% GST) ₹ 7670	(12000 + 18% GST) ₹ 6490 (5500 + 18% GST) ₹ 9440		
Accompanying Person	(6000 + 18% GST) ₹ 4720 (4000 + 18% GST) ₹ 5310 (4500 + 18% GST) 8% GST	(8000 + 18% GST) ₹ 5310 (4500 + 18% GST) ₹ 6490	(10000 + 18% GST) ₹ 5900 (5000 + 18% GST) ₹ 7670 (6500 + 18% GST)	(12000 + 18% GST) ₹ 6490 (5500 + 18% GST) ₹ 9440		
Accompanying Person	(6000 + 18% GST) ₹ 4720 (4000 + 18% GST) ₹ 5310 (4500 + 18% GST) 8% GST ACCOMPANY	(8000 + 18% GST) ₹ 5310 (4500 + 18% GST) ₹ 6490 (5500 + 18% GST)	(10000 + 18% GST) ₹ 5900 (5000 + 18% GST) ₹ 7670 (6500 + 18% GST) DETAILS	(12000 + 18% GST) ₹ 6490 (5500 + 18% GST) ₹ 9440 (8000 + 18% GST)		

I am enclosing herewith a Cheque/ Dema	and Draft no.	dated	//	
of Rs(in words:) only
drawn on bank		in	ı favour of	"RSSDIUP"
payable at Lucknow.				
Bank Details of RSSDIUP Chapter 2	025:		Sign	ature
Account Name: RSSDIUP	A/C No: 1678010004121			

IFSC CODE: PUNB0873500 Name of Bank: PUNJAB NATIONAL BANK

Branch: Mama Chauraha, Aliganj, Lucknow (Uttar Pradesh)

REGISTRATION GUIDELINES

- RSSDI membership number is mandatory for registration in membership category.
- Online charges will be applicable at 3% of the total amount.
- Registration fees include admission to the scientific halls, trade exhibition, inaugural function and lunch.
- Provide us your updated email id & mobile number. As it will be used for the registration receipt and other conference communication.
- Organizing committee shall not be liable in any form in case of changes in date / venue due to unforeseen reasons.
- Conference organizers are not responsible for postal delays / failure of delivery by post or failure of electronic communication.
- It is mandatory for all delegates to carry there photo id (government approved) for smooth registration procedure.
- *It is mandatory to submit HOD Letter/ PG certificate to avail the registration in PG category.

CANCELLATION & REFUND

- Requests for cancellation for refunds must be made in writing or through e-mail.
- Request must be sent to conference secretariat.

E-mail: rssdiupcon26@gmail.com

- No refund of registration fee will be provided for cancellation request received after 31st December 2025.
- 50% of the registration would be deducted as processing charges and rest will be refunded one month after conference completion.

Please send duly filled Registration form / NEFT Details along with Cheque or DD in favour of "RSSDIUP" payable at Lucknow to:

RSSDIUPCON 2026

Conference Secretariat

Dr. Shivendra Sinha | Dr. Virendra Verma Organising Secretary Organising Secretary

Brij Diabetes Centre, Civil Lines, Housla Nagar, Ayodhya, 224001

Contact: +91 80768 45832 Email: rssdiupcon26@gmail.com

For office use only Receipt No.: Registration No.:

In case of NEFT Payment please email proof of payment to: rssdiupcon26@gmail.com

(Accommodation + Registration)

02 Nights and 03 Days (Premium Deluxe room)

(Check in Date: 13 March 2026 Check out Date: 15 March 2026)

Categories	Early Bird (30th Nov 2025)	Regular Fee till (31st Dec 2025)	Late Riser till (31st Jan 2026)
Members	25960	28320	30680
Non-Members	27140	29500	31860
PG Student	24780	25370	25960

02 Nights and 03 Days (Deluxe room)

(Check in Date: 13 March 2026 Check out Date: 15 March 2026)

Categories	Early Bird (30th Nov 2025)	Regular Fee till (31st Dec 2025)	Late Riser till (31st Jan 2026)
Members	21240	23600	25960
Non-Members	22420	24780	27140
PG Student	20060	20650	21240

Inclusions

- The package includes registration fee and hotel accommodation on single occupancy only
- Packages are available for a minimum of 02 nights & 03 days basis which will be confirmed on receipt of full advance payment.
- The above packages are available to book only by 31st Jan 2026.
- Above mentioned packages are only applicable on conference dates and are for the delegates attending the conference only.

Term and Conditions

The above rates are inclusive of breakfast Check in 1:00 pm Check Out Time is 11:00 am Rooms will be allotted on first come first serve basis Inclusive of all Taxes 18% GST

(Accommodation + Registration)

01 Nights and 02 Days (Premium Deluxe room)

(Check in Date: 14 March 2026 Check out Date: 15 March 2026)

Categories	Early Bird (30th Nov 2025)	Regular Fee till (31st Dec 2025)	Late Riser till (31st Jan 2026)
Members	15930	18290	20650
Non-Members	17110	19470	21830
PG Student	14750	15340	15930

01 Nights and 02 Days (Deluxe room)

(Check in Date: 14 March 2026 Check out Date: 15 March 2026)

Categories	Early Bird (30th Nov 2025)	Regular Fee till (31st Dec 2025)	Late Riser till (31st Jan 2026)
Members	13570	15930	18290
Non-Members	14750	17110	19470
PG Student	12390	12980	13570

Inclusions

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How to Reach



BY AIR

For Ayodhya the nearest airports are Chaudhary Charan Singh Airport (Lucknow-134 km), or Bumrauli Airport (Prayagraj - 166 km).

S.No	Flight No.	Airline	Origin City	Departure Time (IST)	Scheduled Arrival (IST)
1	6E 934	IndiGo	Bengaluru (BLR)	06:55	09:25
2	6E 6687	IndiGo	Ahmedabad (AMD)	08:05	10:00
3	IX 2508	Air India Express	Bengaluru (BLR)	08:50	11:35
4	AI 9400	Air India	Bengaluru (BLR)	08:50	11:35
5	IGO 2701	IndiGo	New Delhi (DEL)	13:40	15:05
6	IGO 5116	IndiGo	Mumbai (BOM)	14:30	16:55
7	IGO 6477	IndiGo	Hyderabad (HYD)	14:10	19:08
8	LLR 855 (ATR-72)	Alliance Air	Hisar (HSS)	10:35	12:25



BY ROAD

Connected by road to several major cities and towns. Some of the major road distances are: Lucknow (134 km), Gorakhpur (147 km), Jhansi (441 km), Prayagraj (166 km), Sravasti (119 km), Varanasi (209 km) and Gonda (51 km).

UPSRTC and Private Operators Buses are Available Frequently

How to Reach

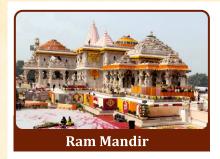


BY TRAIN

Ayodhya is situated on the broad gauge Northern Railway line on Mughal Sarai – Lucknow main route. Ayodhya are connected to various parts of the country by many trains.

Train N	o. Train Name	Origin Station	Arrival Station A	rrival Time
22426	Vande Bharat Express	Anand Vihar Terminal (ANVT)	Ayodhya Cantt (AYC)	14:30
14206	Ayodhya Express	Delhi Junction (DLI)	Ayodhya Cantt (AYC)	06:20
14650	Saryu Yamuna Express	Amritsar Junction (ASR)	Ayodhya Cantt (AYC)	08:28
14650	Saryu Yamuna Express	Amritsar Junction (ASR)	Ayodhya Dham Junction (AY)	08:46
22103	LTT-AYC Superfast Express	Lokmanya Tilak Terminus (LTT)	Ayodhya Cantt (AYC)	17:30
15744	Farakka Express	Malda Town (MLDT)	Ayodhya Cantt (AYC)	08:15
14204	Lucknow–Ayodhya Cantt Intercity	Lucknow Charbagh NR (LKO)	Ayodhya Cantt (AYC)	10:50
14208	Padmavat Express	Delhi Junction (DLI)	Ayodhya Cantt (AYC)	04:20
14258	Kashi Express	Lucknow Charbagh NR (LKO)	Ayodhya Dham Junction (AY	05:45
15050	Gorakhpur–Ayodhya Cantt Express	Gorakhpur Junction (GKP)	Ayodhya Cantt (AYC)	09:20
15018	Gorakhpur–Ayodhya Cantt Intercity	Gorakhpur Junction (GKP)	Ayodhya Cantt (AYC)	17:15
15118	Manduadih–Ayodhya Cantt Express	Manduadih (MUV)	Ayodhya Cantt (AYC)	20:40
14212	Varanasi–Ayodhya Cantt Intercity	Varanasi Junction (BSB)	Ayodhya Cantt (AYC)	07:15
15273	Satyagrah Express	Raxaul Junction (RXL)	Ayodhya Cantt (AYC)	11:20
14016	Sadbhavna Express	Raxaul Junction (RXL)	Ayodhya Cantt (AYC)	18:40

About City >



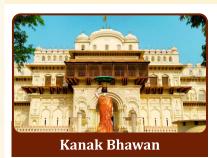
The construction of the Ram Temple at Ram Janmabhoomi Ayodhya commenced in 2020 and was completed on January 22, 2024. The temple complex is envisioned as a grand architectural marvel, designed to accommodate millions of pilgrims and devotees from around the world. It is expected to serve as a symbol of unity, spirituality, and cultural heritage for generations to come. Today, Ram Janmabhoomi Ayodhya continues to be a site of immense religious significance and pilgrimage for Hindus worldwide. It stands as a testament to the

enduring legacy of Lord Rama and the rich cultural heritage of India.

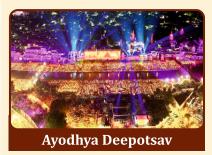


Located in Sai Nagar, Hanuman Garhi is a 10th-century temple dedicated to the Hindu God, Hanuman. It is one of the most important temples in Ayodhya as it is customary to visit Hanuman Garhi before visiting the Ram Temple in Ayodhya. It is believed that Lord Hanuman lived at the temple site guarding Ayodhya. The hilltop temple hones a 76-staircase pathway to the entrance. Housed within the panoramic view of the surrounding hills is a 6-inch-tall idol of Hanuman. The main temple has an interior cave adorned with the numerous statues of Lord

Hanuman along with his mother, Maa Anjani. Ram Navami and Hanuman Jayanti, which celebrate the birth of Lord Ram and Lord Hanuman respectively, attract thousands of devotees to the Hanuman Garhi.



The Kanak Bhawan is established towards the northeastern corner of the Ram Janmabhoomi in Tulsi Nagar. Constructed in 1891, this temple is also known as Sone-ka-Ghar. It is a holy site dedicated to the Hindu deity Lord Rama and his wife, Goddess Sita. Kanak Bhawan, also meaning Golden Palace, cites three golden-crowned idols of the two gods under a silver roof in the sanctum santorum (Garbagriha). It is believed that this shrine was gifted to Rama and Sita by the former's stepmother, Kaikeyi.



Ayodhya Deepotsav stands as one of the most magnificent celebrations in India, renowned for its grandeur and scale. The event features artists portraying Shree Ram, Sitaji, and Lakshmana, who descend via helicopter symbolizing the Pushpak Viman at the illustrious Ramkatha Park. The Saryu River banks come alive with a spectacular aarti, enhanced by vibrant lighting and the glow of countless diyas. In the previous edition, a record-breaking 6,06,569 earthen lamps were lit at Ram Ki Paidi, earning a place in the Guinness World Records and

further elevating the festival's global recognition.

Suryakund holds immense spiritual significance for devotees of Lord Rama, who consider it a sacred pilgrimage site. The surrounding area is dotted with temples and shrines dedicated to various deities, where devotees offer prayers and seek blessings for prosperity and wellbeing. The peaceful ambiance and spiritual aura of Suryakund make it an ideal spot for meditation and introspection. Don't miss the captivating laser show in the evening, which narrates the tale of Lord Ram in a compelling manner.





Conference Secretariat

Dr. Shivendra SinhaOrganising Secretary

Dr. Virendra VermaOrganising Secretary

Brij Diabetes Centre, Civil Lines, Housla Nagar, Ayodhya, 224001 Email:- rssdiupcon26@gmail.com | Contact: +91 70119 43194

Conference Manager





